

October 2009
Lunch & Snack Menu
Our Savior Lutheran School & Childcare
1513 East Yager Lane, Austin, Texas 78753
1-512-836-9600

K-5th Menu Calendar is due September 29 at 9:30 a.m. Please make check out to Circle S Catering

Sun	Mon	Tue	Wed	Thu	Fri
<p>Columbus Day-October 12- School Closed (PK3-5th grade) Childcare Open</p> <p>October 30-Parent/Teacher Conference School Closed (PK-5th grade) Childcare Open</p>				<p>1 Snack: Milk & Bagels</p> <p>Frito Pie, Mixed Veggies, Mixed Fruit, Milk</p> <p>Snack: 100% Juice, Pretzels</p>	<p>2 Snack: Milk & Pineapple Tidbits</p> <p>Cheese Pizza, Garden Salad, Orange Slices, Milk</p> <p>Snack: 100% Juice & Vanilla Wafers</p>
<p>4</p> <p>Worship Services 8:00 & 10:45 a.m.</p> <p>Sunday School Services 9:30 a.m.</p>	<p>5 Snack: Milk & Waffles</p> <p>Cheese Lasagna, Broccoli, Mixed Fruit, Garlic Bread, Milk</p> <p>Snack: 100% Juice Cheese Quesadillas</p>	<p>6 Snack: Milk & Cereal</p> <p>Sloppy Joes, Baked Fries, Sliced Oranges, Carrots Sticks, Milk</p> <p>Snack: 100% Juice & Nacho Cheese</p>	<p>7 Snack: Milk & Toast</p> <p>Grilled Cheese Sandwich, Baked Fries, Bananas, Milk</p> <p>Snack: 100% Juice Pudding</p>	<p>8 Snack: Milk & Peaches</p> <p>Fish Sticks, Mac n Cheese, Green Beans, Sliced Oranges, Bread, Milk</p> <p>Snack: 100% Juice & Goldfish</p>	<p>9 Snack: Milk & Biscuits</p> <p>Cheese Pizza, Green Peas, Mixed Fruit, Milk</p> <p>Snack: 100% Juice & Animal Cookies</p>
<p>11</p> <p>Worship Services 8:00 & 10:45 a.m.</p> <p>Sunday School Services 9:30 a.m.</p>	<p>12 Snack: Milk & Applesauce</p> <p>Chili Cheese Potato Wedges, Fresh Fruit, Steamed Veggies Milk</p> <p>Snack: 100% Juice & Hot Dogs</p>	<p>13 Snack: Milk & Bagels</p> <p>Chicken Nuggets, Corn, Apple Sauce, Sliced Bread, Milk</p> <p>Snack: 100% Juice & Vanilla Wafers</p>	<p>14 Snack: Milk & Yogurt</p> <p>Crispy Beef Tacos, Cheese, Refried Pin-tos, Diced Pineapple, Milk</p> <p>Snack: 100% Juice Cheese Toast</p>	<p>15 Snack: Milk & Pineapple Tidbits</p> <p>Beef a Roni, Green Beans, Fruit, Sliced Bread, Milk</p> <p>Snack: 100% Juice Snack Mix</p>	<p>16 Snack: Milk & Cinnamon Toast</p> <p>Cheese Pizza, Green Peas, Mixed Fruit, Milk</p> <p>Snack: 100% Juice Pretzels</p>
<p>18</p> <p>Worship Services 8:00 & 10:45 a.m.</p> <p>Sunday School Services 9:30 a.m.</p>	<p>19 Snack: Milk & Biscuits</p> <p>Hamburger on Wheat Bun, Baked Fries, Banana, Milk</p> <p>Snack: 100% Juice Cheese w/Cracker</p>	<p>20 Snack: Milk & Mandarin Oranges</p> <p>Spaghetti w/Meatballs, Sweet Peas, Baked Apples, Garlic Bread, Milk</p> <p>Snack: 100% Juice Rice Krispies</p>	<p>21 Snack: Milk & Cereal</p> <p>Beef Fingers, Mashed Potatoes, Carrots, Diced Pears, Bread, Milk</p> <p>Snack: 100% Juice Bagel Pizza</p>	<p>22 Snack: Milk & Waffles</p> <p>Chicken Fillet Sandwich on Wheat Bun, Baked Fries, Mixed Fruit, Milk</p> <p>Snack: 100% Juice Granola Bars</p>	<p>23 Snack: Milk & Applesauce</p> <p>Cheese Pizza, Garden Salad, Peaches, Milk</p> <p>Snack: 100% Juice & Pudding</p>
<p>25</p> <p>Worship Services 8:00 & 10:45 a.m.</p> <p>Sunday School Services 9:30 a.m.</p>	<p>26 Snack: Milk & Peaches</p> <p>Tator-Tot Casserole, Steamed Veggies, Pineapple, Milk</p> <p>Snack: 100% Juice & Hot Dogs</p>	<p>27 Snack: Milk & Sausage Cakes</p> <p>Turkey n Cheese Sandwich on Wheat Bread, Veggie Sticks, Apples, Milk</p> <p>Snack: 100% Juice Pretzels</p>	<p>28 Snack: Milk & Pancakes</p> <p>Hot Dog, Baked Beans, Sliced Peaches, Milk</p> <p>Snack: 100% Juice Cheese Quesadillas</p>	<p>29 Snack: Milk & Pigs in a Blanket</p> <p>Beef & Gravy over Rice, Corn, Fruit Salad, Milk</p> <p>Snack: 100% Juice Snack Mix</p>	<p>30 Snack: Milk & Cinnamon Toast</p> <p>Cheese Pizza, Corn, Mixed Fruit, Milk</p> <p>Snack: 100% Juice & Goldfish</p>

Name of Student _____ Teacher _____

Number of Lunches _____ X \$2.50= _____ Please make check out to Circle S Catering
K-5th Menu Calendar is due September 29 at 9:30 a.m. K- 5 please keep one menu for your reference.